

# WOMANS WELLNESS RETREAT

**UBUD & SEMINYAK, BALI**

**19th - 26th August 2019**

**Join Nigel Collis for an amazing week of WELLNESS and SPIRITUAL DEVELOPMENT, YOGA, MEDITATION, AYURVEDIC HEALTH TREATMENTS, NATURE WALKS & LEISURE.**

**Contact Nigel at 027 4920 444**

